

FEVERS



COLDS



**CUTS &
SCRAPES**



STRAINS

BUG BITES



ALLERGIES



Humboldt General Hospital
NURSEHEALTHLINE
In partnership with REMSA

There are **HUNDREDS** of reasons to call the Humboldt General Hospital Nurse Health Line at **775-621-0105**

FEVERS, COLDS, FLU, strains, allergies, bug bites, earaches and minor burns — these are just a few of the reasons to call the HGH Nurse Health Line, but the best one is peace of mind. This non-emergency service is available to all north-central Nevada residents free of charge regardless of insurance status. You can even call while traveling in other parts of Nevada and California.

NURSE HEALTH LINE nurses will recommend a level of care including seeking immediate care through the 9-1-1 system, visiting a clinic location, or staying at home with self-care instructions.

BUT REMEMBER . . . you should always call 9-1-1 for chest pain, severe burns, seizures, severe allergic reaction, sudden loss of consciousness, weakness on one side, or trauma.

Nurses can help you:

- By asking a series of questions about your symptoms to assess the level of care needed
- Decide if you should be seen by a medical provider right away, if you can wait a few days, or if you can provide self-care
- Reach your medical provider or suggest other choices like urgent cares or clinics
- Find other community resources to help you such as clinics, community agencies or assistance programs

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